

# Baked Parmesan Fish

- 1/3 cup **grated parmesan cheese**
- 2 tbsps **flour**
- 1/2 tsp **paprika**
- 1/4 tsp **salt**
- 1/8 tsp **pepper**
- 1 **eggs**
- 2 tbsps **milk**
- 4 **tilapia fillets** (., any white flaky fish)

Combine cheese, flour, paprika and salt and pepper in bowl.

Beat eggs and milk

Dip fish in egg mixture then in cheese mixture and coat well

Place fish in a greased 9 x 13 pan and bake uncovered @ 350 for 20 - 35 minutes